

SCREENING PROFILES

SCREENING TESTS are primarily used as preventive medicine which is the branch of medicine involved in preventing disease, in promoting healthier living and in facilitating early detection of diseases. Although the use of screening tests might be underestimated their power lies in keeping you healthier longer and as such they should not be overlooked. According to the gender and age group a physician will order the appropriate check-up in order to screen for specific disorders (profiles offered by our laboratory in the next pages). See the table below for diseases that the screening tests help diagnose in the different age groups.

<i>Children</i>	<i>Adults</i>	<i>Adults (>60)</i>
<i>High Cholesterol</i>	High Cholesterol	High Cholesterol
<i>Blood disorders</i>	Thyroid Dysfunction	Thyroid Dysfunction
<i>Iron</i>	Diabetes	Diabetes
	Prostate Cancer	Prostate Cancer
	Kidney Disease	Kidney Disease
	Heart Disease	Heart Disease
	Liver Disease	Liver Disease

In the next two pages you will find the Check-up profiles that we offer. Keep in mind that your physician may add more tests as deemed necessary by the overall clinical picture.

Useful Websites for additional Information:

1. For more information on preventive medicine visit the American College of Preventive Medicine website at: <http://www.acpm.org/>
2. For more information on specific lab tests visit Lab tests online at: <http://www.labtestsonline.org/understanding/index.html>

SCREENING PROFILES

CHECK-UP I

FBC + ESR + Platelets
URINE REPORT
GLUCOSE FASTING (Σάκχαρο)
UREA (Ουρία)
URIC ACID (Ουρικό Οξύ)
CHOLESTEROL (Χοληστερίνη)
HDL-CHOLESTEROL
LDL-CHOLESTEROL
TRIGLYCERIDES (Τριγλυκ.)
ATHEROGENIC RATIO
SGPT (ALT)
SGOT (AST)
IRON (Σίδηρος)
CREATININE (Κρεατίνη)

CHECK-UP II

FBC + ESR + Platelets
URINE REPORT
GLUCOSE FASTING (Σάκχαρο)
UREA (Ουρία)
URIC ACID (Ουρικό Οξύ)
CHOLESTEROL (Χοληστερίνη)
HDL-CHOLESTEROL
LDL-CHOLESTEROL
TRIGLYCERIDES (Τριγλυκ.)
ATHEROGENIC RATIO
SGPT (ALT)
SGOT (AST)
ALP (Αλκ. Φωσφατάση)
γGT
T. BILIRUBIN (Χολερυθρίνη)
D. BILIRUBIN
IRON (Σίδηρος)
CREATININE (Κρεατίνη)

CHECK-UP III M

FBC + ESR + Platelets
GLUCOSE FASTING (Σάκχαρο)
UREA (Ουρία)
URIC ACID (Ουρικό Οξύ)
CHOLESTEROL (Χοληστερόλη)
HDL-CHOLESTEROL
LDL-CHOLESTEROL
TRIGLYCERIDES (Τριγλυκ.)
ATHEROGENIC RATIO
SGPT (ALT)
SGOT (AST)
ALP (Αλκ. Φωσφατάση)
γGT
T. BILIRUBIN (Χολερυθρίνη)
D. BILIRUBIN (Χολερυθρίνη)
IRON (Σίδηρος)
CREATININE (Κρεατίνη)
SODIUM (Νάτριο)
POTASSIUM (Κάλιο)
CHLORIDE (Χλώριο)
TIBC
LDH
CPK
CRP
FT4
TSH
HOMOCYSTEINE
PSA

CHECK-UP III F

FBC + ESR + Platelets
GLUCOSE FASTING (Σάκχαρο)
UREA (Ουρία)
URIC ACID (Ουρικό Οξύ)
CHOLESTEROL (Χοληστερόλη)
HDL-CHOLESTEROL
LDL-CHOLESTEROL
TRIGLYCERIDES (Τριγλυκ.)
ATHEROGENIC RATIO
SGPT (ALT)
SGOT (AST)
ALP (Αλκ. Φωσφατάση)
γGT
T. BILIRUBIN (Χολερυθρίνη)
D. BILIRUBIN (Χολερυθρίνη)
IRON (Σίδηρος)
CREATININE (Κρεατίνη)
SODIUM (Νάτριο)
POTASSIUM (Κάλιο)
CHLORIDE (Χλώριο)
TIBC
LDH
CPK
CRP
FT4
TSH
HOMOCYSTEINE
FERRITIN

SCREENING PROFILES

CHECK-UP IV CHILDREN

FBC + ESR + Platelets
Iron
Ferritin

*Additional Tests may be requested
by the physician.

MALE PROFILE >60

CHECK-UP II and
Prostate Profile
FT4/TSH
Homocysteine
C-Reactive Protein
FOB
MSU

CHECK-UP V BASIC ATHLETE PROFILE

FBC + ESR + Platelets
Blood Group / Rhesus
Glucose
Urea
Urine Routine

*Additional Tests may be requested
by the physician.

FEMALE PROFILE >60

CHECK-UP II and
FT4/TS H
Homocysteine
C-Reactive Protein
FOB
MSU